

Fifth Sunday in Ordinary Time | Quinto domingo del tiempo ordinario

St. Anthony of Padua Church

5770 N. Maroa Avenue, Fresno, CA 93704
559-439-0124 | www.stanthonyfresno.org

*Praise the Lord,
who heals the brokenhearted.*

Psalm 147:3

*Alabado sea el Señor,
que sana a los quebrantados de corazón.*

Salmo 147:3

FEB

4

2024

ST. ANTHONY OF PADUA STAFF
(559) 439-0124

Rev. Msgr. Robert D. Wenzinger, Pastor
439-0124, ext. 104
fatherrob@stanthonyfresno.org

Parochial Vicar
Fr. Regino Rosero Quijano

Parochial Vicar
Fr. Edgar Magana

Deacon Edgar Briseño ext. 111
Hispanic Ministries/Ministerios Hispanos
ebriseno@stanthonyfresno.org

Deacon Jose Ordaz
jordazal81@gmail.com

PARISH SISTERS

Sr. Maria Guadalupe de Jesus Crucificado Pascua
Diaz MCSTNJ (Sr. Lupita) ext. 107
sisterlupita@stanthonyfresno.org

SUPPORT STAFF

Parish Administrator ext. 103
Chris Shiveley
cshiveley@stanthonyfresno.org

Accounts Receivable ext. 110
Julieta Giffen
jgiffen@stanthonyfresno.org

Bookkeeper ext. 108
Sherry Otero
sotero@stanthonyfresno.org

Baptisms & Funerals ext. 102
Teri Loera
tloera@stanthonyfresno.org

Marriage Coordinator ext. 118
Deanna Driscoll
ddriscoll@stanthonyfresno.org

Parish Ministries Coordinator ext. 106
Ray Young
ryoung@stanthonyfresno.org

Music Ministry
David Sarkisian

Religious Education & Sacraments
Religious Education (GIFT) ext. 113
Mary Socorro Briseño
mbriseno@stanthonyfresno.org

High School Sacraments – LIFETEEN ext. 117
Sharon Christison
schristison@stanthonyfresno.org

Rite of Christian Initiation of Adults (RCIA) ext. 114
Martha Danks-Ferguson
mdanksferg@stanthonyfresno.org

PARISH OFFICE HOURS:

Tuesday-Friday, 8:00 a.m. to 4:00 p.m.
(closed 12:00 to 1:00 p.m. for lunch)

BULLETIN/WEBPAGE

Bulletin Editor: bulletin@stanthonyfresno.org
Bulletin inserts are due 4 weeks
prior to publication.

Welcome to St. Anthony of Padua

The Catholic Christian community of St. Anthony Padua welcomes all to our celebrations of God's love. Through prayer, education, sacraments, caring and stewardship, we strive to serve the needs of God's people and to gain a richer understanding of the Gospel message of love. We invite you to become a part of our "Parish Life." Your talents are welcome!

Rev. Msgr. Robert D. Wenzinger, Pastor

Please register at www.stanthonyfresno.org.

Thanks for joining us!

TODAY'S READINGS CAN BE FOUND IN THE GREEN HYMNAL #941

Mass Intentions

- | | |
|-----------|--|
| 4 | <p>SUNDAY – 5TH SUNDAY IN ORDINARY TIME
8:00 a.m. † Olivia Coelho by the Fanucchi Family
9:30 a.m. † Delphina Pachaco by Laurie Wehner
11:00 a.m. † Angelo & Blanche Papagni by Demetrio, Angelo & Kathleen
1:00 p.m. Intenciones (4to Aniv) de Felipe y María de la Luz Castaneda por la Familia Castaneda
6:00 p.m. Pro Populo (For the intentions of the parish community)</p> |
| 5 | <p>MONDAY
NO MASS</p> |
| 6 | <p>TUESDAY
6:45 a.m. Pro Populo (For the intentions of the parish community)
8:00 a.m. † Peter Mendez by Sandra Mendez</p> |
| 7 | <p>WEDNESDAY
6:45 a.m. Pro Populo (For the intentions of the parish community)
8:00 a.m. † Peopino Zanone by Angelina DiNuzzo</p> |
| 8 | <p>THURSDAY
6:45 a.m. Pro Populo (For the intentions of the parish community)
8:00 a.m. † Frank Redondo, Jr. by Frank & RoseMarie Redondo</p> |
| 9 | <p>FRIDAY
6:45 a.m. Pro Populo (For the intentions of the parish community)
8:15 a.m. † Jennifer Prongos by Pat Prongos</p> |
| 10 | <p>SATURDAY
4:00 p.m. † Charlotte Girado by Ed Girado & Family
5:30 p.m. † Carlos Alberto Gallardo, Jr. by Rosa Gallardo</p> |
| 11 | <p>SUNDAY – 6TH SUNDAY IN ORDINARY TIME
8:00 a.m. † Steve Rontell by Harvey Armas
9:30 a.m. † Maria Lozano by Rachel Lybarger
11:00 a.m. † Francis O'Brien by Rod & Catherine Christensen
1:00 p.m. Pro Populo (For the intentions of the parish community)
6:00 p.m. Intentions of the Carranco Vallejo Family by the Carranco Martinez Family</p> |



SECOND COLLECTION TODAY
SEGUNDA COLECCIÓN



Campaña Anual del Obispo
PARA MINISTERIOS CATÓLICOS

WEEKEND MASSES

Saturday (Vigil Mass)

4:00 p.m. – English
5:30 p.m. – Español

Sunday

8:00 a.m.; 9:30 a.m.; 11:00 a.m. – English
1:00 p.m. – Español
6:00 p.m. – English

Livestream Mass Schedule

9:30 a.m. – English Mass
1:00 p.m. – Misa Español

DAILY MASS SCHEDULE

Tuesday-Thursday (OLG Chapel)

6:45 a.m. – Daily Mass
8:00 a.m. – Chapel open until 11:00 a.m.

Friday (OLG Chapel)

6:45 a.m. – Daily Mass
8:15 a.m. – Followed by Adoration

EUCCHARISTIC ADORATION

Friday

9:00-11:00 a.m. – Guadalupe Chapel

RECONCILIATION

Tuesday

6:00 p.m. – Chapel Confessionals

Saturday

10:00 a.m. – Chapel Confessionals




JUEVES – ESTUDIO DE LA BIBLIA

7:00 p.m. en el salón #22


Acompáñenos para reflexionar en las lecturas de la biblia y el Evangelio Dominical. "Tu Palabra es una lampara a mis pies, es una luz en mi sendero." Salmo 119

SILVER ANGELS
New Year's Luncheon
Wednesday, February 7, 2024
11:30 a.m.-2:00 p.m.
St. Agnes Mission Church Social Hall,
111 W. Birch Steet, Pinedale.
Rescheduled New Year's Luncheon. Come join your fellow St. Anthony/St. Agnes parishioners for Lunch, fellowship, and lots of fun. Lunch is only \$14 per person. Please mark "prepaid" on your registration form if you paid for the January luncheon which was cancelled. Guests are welcome to bring a dessert to share and a small gift that fits in a lunch bag for our Fun & Games.

WEDNESDAY, FEBRUARY 7
General Meeting, 6:15 p.m. in the Social Hall (Rosary, Dinner, Meeting)



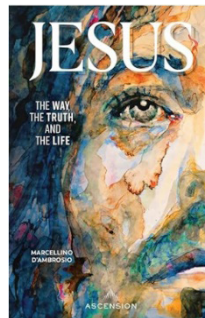
5-WEEK GRIEF SUPPORT
CONTINUES SATURDAY, FEBRUARY 10
10:00 a.m. in Room 21
Are you struggling with the loss of a loved one? You don't have to walk alone. Come join us; open to all.



NO FEBRUARY MEETING
FEBRUARY 14 IS
ASH WEDNESDAY



PARISH BIBLE STUDIES
Wednesday Night Co-Ed Bible Study
Next Session is February 21st, 6:30 p.m. in Room 22 Sami/Dina Shwiyhat and Eliseo/Nivia Cuellar will lead men, women, and couples through the 10-week series. Please watch the bulletin for dates during Lent and Easter week.
Thursday Morning Women's Bible Study
10:00 a.m. in Room 21
Open to women of all ages. Come grow in faith and fellowship. Participants may order the book directly from Ascension Press at <https://ascensionpress.com/collections/jesus-way-truth-and-life>.



CATHOLIC CHARITIES TRUCK
SATURDAY, FEBRUARY 24/SUNDAY, FEBRUARY 25
Knights of Columbus volunteers will be available to accept your nonmonetary donations of nonperishable food, clothing, household goods and more after each of the weekend Masses. Together we make a difference.



Grupo de Oración

JUEVES – GRUPO DE ORACIÓN
ENCUENTRO CON DIOS.
Te invitamos al grupo de oración todos los jueves desde las 6:30 p.m. empezando con El Rosario, en la Iglesia de Santa Inés "Ven y llénate del Señor." 111 W Birch Street, Fresno, CA 93650

For more information on parish groups, call the Ministry Office at 439-0124, ext. 106.

Year of Parish Revival

NATIONAL EUCHARISTIC REVIVAL

We invite you to pray the Revival prayer in silence after Mass in your pew.

My God, I believe, I adore, I hope, and I love You! I beg pardon for those who do not believe, nor adore, nor hope, nor love You. Most Holy Trinity, Father, Son and Holy Spirit, I adore You profoundly. I offer You the most precious Body, Blood, Soul, and Divinity of Jesus Christ, present in all the tabernacles of the world in reparation for the outrages, sacrileges, and indifference by which He is offended. And, through the infinite merits of the Sacred Heart of Jesus and the immaculate Heart of Mary, I beg of You the conversion of sinners. Amen

*¡Oh, mi Dios, yo creo en Ti! ¡Te adoro! ¡Confío en Ti y tu amor! ¡Te pido perdón por los que no creen, no te adoran, no confían en Ti y no te aman!
¡Oh, Santísima Trinidad, Padre, Hijo y Espíritu Santo, os adoro profundamente! Os ofrezco el preciosísimo Cuerpo, la preciosísima Sangre, El Alma y Divinidad de Cristo Jesús, presente en todos los tabernáculos del mundo, en reparación de todos los ultrajes, sacrilegios y la indiferencia con que es ofendido, y por los méritos infinitos del Sagrado Corazón de Jesús y del Inmaculado Corazón de María, os ruego por la conversión de los pecadores. Amén*

STEWARDSHIP – MANAGING GOD’S GIFTS TO US

Sharing the Gifts We Have Been Given!

January 14, 2024	\$22,430.00
Last year’s Plate Income	\$19,521.00
Difference	\$2,909.00
Year-to-Date Plate Collection • <i>Colectas Del Año Hasta La Fecha</i>	
July 1, 2023 – December 31, 2023	\$610,689.15
July 1, 2022 – December 31, 2022	\$478,855.00
Difference	\$131,834.15

WE GREATLY APPRECIATE YOUR CONTINUED GENEROSITY GRACIAS POR SU CONTINUA GENEROSIDAD



GIVE ONLINE – Easy, Safe, and Convenient: When you give to God, you discover that God gives to you. You can also drop your envelope in the mail slot located in the door on the south side of the Parish Office.

The following couple will marry in the coming weeks:

Matthew Yroz & Blanca Ceja Lopez

If you know of any canonical reason for them not to be married, please contact the Parish Office.



Anointing of the Sick Mass

Saturday, February 10
1:00 p.m. in the Main Church



SHARING THE GIFTS WE HAVE BEEN GIVEN

January 14, 2024	\$1,474.95
2023-2024 YTD Total	\$43,565.17

WE GREATLY APPRECIATE YOUR CONTINUED GENEROSITY! GRACIAS POR SU CONTINUA GENEROSIDAD

ASH WEDNESDAY – FEBRUARY 14TH

Distribution of Ashes only.

12:00-1:00 p.m. (one hour only)

Mass with distribution of Ashes
at 6:00 p.m. – bilingual .

Every Friday during Lent, Stations of the Cross
at 6:00 p.m. – bilingual.

ST. AGNES MISSION CHURCH

111 W. Birch Street, Pinedale, CA 93650
(559) 439-2100

Sunday 9:00 a.m. English – Mass Intention:
Intentions of Maricor Cruzat

Sunday 10:30 a.m. Español – Misa Intencion:
Intenciones de Porfirio y Clementina Castillo

For the following Sacraments, please contact St. Anthony of Padua:
Anointing of the Sick • Baptisms • Confession • Funerals • Weddings

ST. AGNES MISSION CHURCH STAFF (559) 439-2100

Parish Administrator Annette Amparano
amparano@stagnes.comcastbiz.net

Director of Religious Education..... Phyllis Carmona

For pastoral support, call St. Anthony of Padua Parish Office at 559-439-0124.

*“Christ has made my soul beautiful with
jewels of grace and virtue. I belong to Him
Whom the Angels serve.” – St. Agnes*

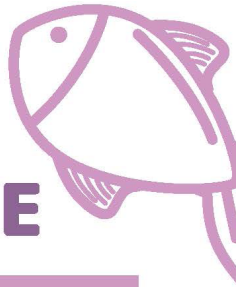


**ASH WEDNESDAY
FEBRUARY 14**

Ash Wednesday Schedule

6:45 a.m.	Mass & Ashes	4:00 p.m.	Ash Service
8:00 a.m.	Mass & Ashes	5:30 p.m.	Mass & Ashes
12:15 p.m.	Ash Service	7:00 p.m.	Misa y Cenizas

LENTEN FASTING & ABSTINENCE



Fasting	Abstinence
Ash Wednesday Good Friday	Every Friday during Lent
Ages 18-59	Ages 14+

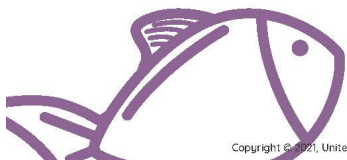
How do we fast?

When fasting, a person is permitted to eat one full meal, as well as two smaller meals that together are not equal to a full meal.

Am I excused from fasting and abstinence?

Those that are excused from fast and abstinence outside the age limits include the physically or mentally ill including individuals suffering from chronic illnesses such as diabetes. Also excluded are pregnant or nursing women.

For more information on fasting and abstinence, visit uscgb.org.



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¿QUÉ SIGNIFICAN EL AYUNO Y LA ABSTINENCIA?

Los viernes, nos abstenemos de comer carne pues el Señor Jesús sacrificó su carne por nosotros en Viernes Santo.

El ayuno consiste en hacer una sola comida fuerte en el día. Tiene como fin el desprendimiento de lo material para poder ver lo esencial (Dios).

¿Cuándo?



AYUNO Y ABSTINENCIA

ABSTINENCIA

ABSTINENCIA

AYUNO

¿Quiénes?



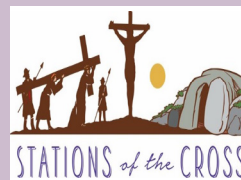
CATÓLICOS A PARTIR DE LOS 14 AÑOS



CATÓLICOS 18 - 58 AÑOS



Los que están fuera de la edad límite y aquellos cuyo estado de vida se lo impida (enfermos, embarazadas y algunos trabajadores) pueden reemplazar el ayuno y/o la abstinencia por cualquier otro tipo de penitencia o acto de caridad.



STATIONS OF THE CROSS

Fridays 6:00 p.m. in English
In the Main Church
Starts Friday, February 16th



VÍA CRUCIS | ESTACIONES DE LA CRUZ:

7:00 p.m.
Viernes durante la Cuaresma
En la Iglesia Principal

Parish Ministry Guide –

Christ said, "I have come to serve, not to be served."

The prayers during the Mass invite us to offer our prayers and gifts to the Lord. Liturgical Ministry calls the faithful to be part of the Mass. We all feel unworthy to serve, just as Christ's disciples, who were fishermen before Christ called them.

Is Christ calling you?

ALTAR SERVER

We invite parents of youth (4th grade and up, who have received their First Holy Communion) to prayerfully consider the unique opportunity for your child to grow closer to Our Lord and His Church as an Altar Server. You can register online at stanthonyfresno.org/ministries/, then click on Altar Servers or call the Parish Office at 439-0124 for more details.



SERVIDOR DE ALTAR

Invitamos a los padres de los jóvenes (de 4º grado en adelante, que hayan recibido su Primera Comunión) a considerar en oración la oportunidad única de que su hijo crezca más cerca de Nuestro Señor y de Su Iglesia como Monaguillo. Usted puede registrarse en línea en stanthonyfresno.org/ministries/, luego haga clic en Altar Servers o llame a la oficina de la parroquia en 439-0124 para más detalles.

EUCCHARISTIC MINISTERS

Considered the unique honor to offer the "Body of Christ" to the faith community. Ministers are commissioned by our pastor to assist with the distribution of Holy Communion at Mass. Candidates should be 18 years of age and be in full communion with the church (all sacraments).



MINISTROS DE LA EUCARISTÍA

Se considera el honor único de ofrecer el "Cuerpo de Cristo" a la comunidad de fe. Los ministros son comisionados por nuestro párroco para asistir en la distribución de la Sagrada Comunión en la Misa. Los candidatos deben tener 18 años de edad y estar en plena comunión con la iglesia (todos los sacramentos).

LECTORS

Do you remember the joy of reading to your children before bed? If so, chances are you're a Lector candidate. Persons, 5th grade and older, who have made their First Holy Communion with good reading skills can serve as a Lector at Mass.



LECTORES

¿Recuerda la alegría de leer a sus hijos antes de dormir? Si es así, lo más probable es que usted sea un candidato a Lector. Las personas, de 5º grado en adelante, que han hecho su Primera Comunión con buenas habilidades de lectura pueden servir como Lector en la Misa.

Interested Lector and Eucharistic Minister candidates should contact Martha in the Parish Office at 439-0124, ext. 114 or by email. *Los candidatos Ministerio Eucarístico y lectores interesados deben contactar a Martha en la oficina parroquial al 439-0124, ext. 114 o por correo electrónico.*

USHER & GREETER MINISTRY

Are you the type to get to church early? Why not join the Usher Ministry and greet your fellow parishioners as they enter the church? Ushers assist with the collection and act as Eucharistic Guards during Communion. Join the team and serve when you can. Call the Parish Office at 439-0124, ext. 106 for more details or complete the Volunteer Registration at www.stanthonyfresno.org/ministries.



MINISTERIO DE UJIERES Y SALUDADORES

¿Eres de los que llegan temprano a la iglesia? ¿Por qué no te unes al Ministerio de Ujieres y saludas a tus feligreses cuando entran en la iglesia? Los ujieres ayudan con la colecta y actúan como guardias eucarísticos durante la comunión. Únase al equipo y sirva cuando pueda. Llame a la oficina parroquial al 439-0124, ext. 106 para obtener más detalles o complete el registro de voluntarios en www.stanthonyfresno.org/ministries.

HOMEBOUND MINISTRY

Are you a Eucharistic Minister who is being called to serve the members of our parish who are unable to come to Mass on Sunday due to illness or other limitation? We are looking for Eucharistic Ministers who are willing to take Holy Communion after Mass to the members of the parish who are Homebound. If you are interested, please contact the Office of Ministry at 439-0124, ext. 106.



MINISTERIO DE LOS CONFINADOS EN CASA

¿Es usted un Ministro Eucarístico que está siendo llamado a servir a los miembros de nuestra parroquia que no pueden asistir a Misa el domingo debido a una enfermedad u otra limitación? Estamos buscando un Ministro Eucarístico que esté dispuesto a llevar la Sagrada Comunión después de la Misa a los miembros de la parroquia que están en sus hogares. Si está interesado, comuníquese con la Oficina del Ministerio al 439-0124, ext. 106.

We Need You...

RELIGIOUS EDUCATION



Faith Formation & Sacrament

Preparation for Grades K through 6th

FIRST RECONCILIATION, FIRST COMMUNION & SACRAMENTS OF INITIATION

Classes are in session, Sundays at 3:00 p.m.

Additionally, Second Year students and parent(s) attend one

Thursday per month at 6:30 p.m.

Registrations available on our website: stanthonyfresno.org

For more information or to volunteer in children's ministry, contact Mary Briseno at (559) 439-0124 ext. 113 or by email: mbriseno@stanthonyfresno.org

GIFT EDUCACION RELIGIOSA

Formación de Fe y Preparación Sacramental para niños del Kinder – 6to grados

PRIMERA RECONCILIACION, PRIMERA COMUNION, Y SACRAMENTOS DE INICIACION

Las Clases son los domingos a 3:00 p.m. Adicional, en el Segundo Año escolar los estudiantes y sus padres asisten a un jueves por mes a las 6:30 p.m.

Inscripciones disponibles en nuestra página web: stanthonyfresno.org

Para mas información o para ser voluntario en el ministerio de niños, comuníquese con Mary Briseno al (559) 439-0124 ext. 113 o por email: mbriseno@stanthonyfresno.org

EDGE

2023-2024 for Grades 6th through 8th

Director, Sharon Christison, ext. 117, schristison@stanthonyfresno.org



Catholic Youth Ministry Sessions are Tuesday Evenings in Room 22 from 6:30-8:00 p.m.

Register at www.stanthonyfresno.org. Click on Faith Formation tab and scroll down to click one of the EDGE options.

EDGE is a Catholic youth group that is designed to meet the educational, spiritual, emotional, and social needs of young adolescents. As young adolescents, they are trying to figure out who they are and what they believe. Youth can prepare for sacraments of Baptism and First Communion while attending Edge.

LIFETEEN High School Youth Ministry

2023-2024 for Grades 9 through 12



Director, Sharon Christison, ext. 117, schristison@stanthonyfresno.org

LifeTeen is a movement within the Roman Catholic Church. LifeTeen leads teenagers and their families into a deeper relationship with Jesus Christ and His Church. We create a dynamic space where the youth can develop friendships with their peers, learn more about their faith, and encounter Jesus in the Sacraments.

First Year Confirmation:

Confirmation is a two-year program for High School students who are sophomores and older. Confirmation candidates usually meet Sunday evenings with our Life Teen Youth Group. Meetings would consist of attending the Life Teen 6:00 p.m. Mass and then the Life Night until 8:30 p.m.

Second Year Confirmation:

Confirmation 2 is open to juniors and seniors who have completed their first year of preparation. Second-year sessions are on Sunday evenings. LifeTeen Life Nights began in September for all high school teens. Invite a friend and grow together.

RCIA: RITE OF CHRISTIAN INITIATION FOR ADULTS
 Tuesdays: 6:30-8:00 p.m. St. Anthony Conference Room (aka Donut Room)

Director, Martha Danks-Ferguson

439-0124, ext. 114; mdanksferg@stanthonyfresno.org

See our website to register: www.stanthonyfresno.org

Click on *Faith Formation* or scroll down to the RCIA icon.

We welcome adults seeking any of the Sacraments of Initiation:

Baptism, Confirmation or Eucharist

New folks are welcome to join us any time during the year.

If you have any questions, please contact Martha by phone or email.



CONFIRMACIÓN EN ESPAÑOL

Para Jóvenes Bilingües en High School



¡INSCRIPCIONES!

Las inscripciones para la confirmación en español ya están abiertas. Visite nuestra pagina de web a stanthonyfresno.org o escanee el QR Code al lado para registrarse.

LAS CLASES COMENZARON EN EL MES DE AGOSTO, 2023.

Para más información comuníquese con el Diacono Edgar al 439-0124, ext. 111 o ebriseno@stanthonyfresno.org.



SACRAMENTOS PARA ADULTOS

Adultos mayores de 18 años interesados en los Sacramentos de Primera Comunión, Confirmación o Bautismo hablar con Hermana Edith, ext. 122 o sisteredith@stanthonyfresno.org.

LECTIONARY STUDY – (Rowdies' – Women's Bible Study) with Martha – Wednesday mornings at 9:00 a.m. in the Conference Room. We will delve into the readings for the upcoming weekend and prepare our hearts to receive the Good News anew.

VESSELS OF GRACE

Reflection on Mark 1:29-39

An illness or disease, whether physical, emotional, or spiritual, especially if chronic or persistent, can make daily life seem a drudgery and empty a person of any joy or happiness. The complaints of Job in the first reading echo the miserable feelings many sick people endure. Is it any wonder that so much of Jesus' ministry involves healing, curing diseases, and driving out demons? There is always more in these healing stories than just the restoration of health; an accompanying inner healing or transformation leads to new attitudes open once again to joy and meaning in life.

Notice also that the response of Simon's mother-in-law, after being healed by Jesus, is to serve. This is always the appropriate response to grace – to give it away again in acts of love and service. Grace is meant to be shared, and in sharing what we have received, we become vessels of grace, bearing Christ to those we meet in our journey who are in need of healing and strength.

~ Fr. Jay



WEEKLY SCRIPTURE

Sunday, February 4, 2024

Fifth Sunday in Ordinary Time

Jb 7:1-4, 6-7
Ps 147:1-2, 3-4, 5-6
1 Cor 9:16-19, 22-23
Mk 1:29-39

Monday, February 5, 2024

Saint Agatha, Virgin and Martyr

1 Kgs 8:1-7, 9-13
Ps 132:6-7, 8-10
Mk 6:53-56

Tuesday, February 6, 2024

Saint Paul Miki and Companions, Martyrs

1 Kgs 8:22-23, 27-30
Ps 84:3, 4, 5 and 10, 11
Mk 7:1-13

Wednesday, February 7, 2024

Weekday

1 Kgs 10:1-10
Ps 37:5-6, 30-31, 39-40
Mk 7:14-23

Thursday, February 8, 2024

Weekday

1 Kgs 11:4-13
Ps 106:3-4, 35-36, 37 and 40
Mk 7:24-30

Friday, February 9, 2024

Weekday

1 Kgs 11:29-32; 12:19
Ps 81:10-11ab, 12-13, 14-15
Mk 7:31-37

Saturday, February 10, 2024

Saint Scholastica, Virgin

1 Kgs 12:26-32; 13:33-34
Ps 106:6-7ab, 19-20, 21-22
Mk 8:1-10

Access Daily Readings from the New American Bible, Revised Edition (NABRE) online at <https://bible.usccb.org>

SAINT SCHOLASTICA

Saint of the Day: February 10

Patron Saint of: Cloistered Nuns

Born in 480 of wealthy parents, twins, Scholastica and Benedict were brought up together until he left central Italy for Rome to continue his studies. Little is known of Scholastica's early life. She founded a religious community for women near Monte Cassino at Plombariola, five miles from where her brother governed a monastery.

The twins visited each other once a year in a farmhouse because Scholastica was not permitted inside the monastery. They spent these times discussing spiritual matters.

According to the Dialogues of St. Gregory the Great, the brother and sister spent their last day together in prayer and conversation. Scholastica sensed her death was close at hand and she begged Benedict to stay with her until the next day. He refused her request because he did not want to spend a night outside the monastery, thus breaking his own Rule. Scholastica asked God to let her brother remain and a severe thunderstorm broke out, preventing Benedict and his monks from returning to the abbey. Benedict cried out, "God forgive you, Sister. What have you done?" Scholastica replied, "I asked a favor of you and you refused. I asked it of God and he granted it."

Brother and sister parted the next morning after their long discussion. Three days later, Benedict was praying in his monastery and saw the soul of his sister rising heavenward in the form of a white dove. Benedict then announced the death of his sister to the monks and later buried her in the tomb he had prepared for himself.

Scholastica and Benedict gave themselves totally to God and gave top priority to deepening their friendship with him through prayer. In coming closer to Christ they found they were also closer to each other.

Read the full article: "Saint Scholastica" Franciscan Media, Franciscan Friars, franciscanmedia.org/saint-of-the-day/saint-scholastica/. (Accessed January 23, 2024).

ESCRITURA SEMANAL

Domingo, 4 de febrero de 2024

Quinto domingo del tiempo ordinario

Jb 7,1-4.6-7

Sal 147,1-2.3-4.5-6

1 Cor 9,16-19.22-23

Mc 1, 29-39

Lunes, 5 de febrero de 2024

Santa Águeda, virgen y mártir

1 Re 8,1-7.9-13

Sal 132,6-7.8-10

Mc 6, 53-56

Martes, 6 de febrero de 2024

San Pablo Miki y compañeros,
mártires

1 Re 8,22-23.27-30

Sal 84,3.4.5 y 10.11

Mc 7, 1-13

Miércoles, 7 de febrero de 2024

Día de la semana

1 Re 10,1-10

Sal 37:5-6, 30-31, 39-40

Mc 7, 14-23

Jueves, 8 febrero 2024

Día de la semana

1 Re 11,4-13

Sal 106, 3-4, 35-36, 37 y 40

Mc 7, 24-30

Viernes, 9 febrero 2024

Día de la semana

1 Re 11,29-32; 12,19

Sal 81:10-11ab, 12-13, 14-15

Mc 7, 31-37

Sábado, 10 de febrero de 2024

Santa Escolástica, Virgen

1 Re 12, 26-32; 13, 33-34

Sal 106, 6-7ab, 19-20, 21-22

Mc 8, 1-10

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la Nueva Biblia Americana,
Edición Revisada (NABRE) en línea en
<https://bible.usccb.org>

SANTA ESCOLÁSTICA

Santa del día: 10 de febrero

Patrona de: Monjas de clausura

Nacidos en 480 de padres ricos, gemelos, Escolástica y Benito se criaron juntos hasta que él abandonó el centro de Italia para dirigirse a Roma a proseguir sus estudios. Poco se sabe de los primeros años de Escolástica. Fundó una comunidad religiosa femenina cerca de Monte Cassino, en Plombariola, a ocho kilómetros de donde su hermano regía un monasterio.

Las gemelas se visitaban una vez al año en una granja, ya que a Escolástica no se le permitía entrar en el monasterio. Pasaban estos ratos discutiendo asuntos espirituales.

Según los Diálogos de San Gregorio Magno, el hermano y la hermana pasaron su último día juntos en oración y conversación. Escolástica sintió que su muerte estaba cerca y suplicó a Benito que se quedara con ella hasta el día siguiente, a lo que éste se negó porque no quería pasar la noche fuera del monasterio, incumpliendo así su propia Regla. Escolástica pidió a Dios que permitiera a su hermano quedarse y se desató una fuerte tormenta que impidió a Benito y a sus monjes regresar a la abadía. Benito gritó: "Dios te perdone, hermana. ¿Qué has hecho?" Escolástica respondió: "Te pedí un favor y me lo negaste. Yo se lo pedí a Dios y me lo concedió".

Hermano y hermana se separaron a la mañana siguiente tras su larga discusión. Tres días más tarde, Benito rezaba en su monasterio y vio el alma de su hermana elevarse hacia el cielo en forma de paloma blanca. Benedicto anunció la muerte de su hermana a los monjes y la enterró en la tumba que él mismo había preparado.

Escolástica y Benito se entregaron totalmente a Dios y dieron prioridad absoluta a profundizar su amistad con Él a través de la oración. Al acercarse a Cristo, descubrieron que también estaban más cerca el uno del otro.

Lea el artículo completo en inglés: "Saint Scholastica" Franciscan Media, Franciscan Friars, franciscanmedia.org/saint-of-the-day/saint-scholastica/. (Consultado el 23 de enero de 2024)

VASOS DE GRACIA

Reflexión sobre Marcos 1:29-39

Una dolencia o enfermedad, ya sea física, emocional o espiritual, especialmente si es crónica o persistente, puede hacer que la vida cotidiana parezca una monotonía y vaciar a una persona de toda alegría o felicidad. Las quejas de Job en la primera lectura se hacen eco de los sentimientos de miseria que padecen muchas personas enfermas. ¿No es de extrañar que gran parte del ministerio de Jesús consista en curar enfermedades y expulsar demonios? En estos relatos de curación siempre hay algo más que el simple restablecimiento de la salud; una curación o transformación interior que la acompaña conduce a nuevas actitudes abiertas de nuevo a la alegría y al sentido de la vida.

Observa también que la respuesta de la suegra de Simón, después de ser curada por Jesús, es servir. Esta es siempre la respuesta apropiada a la gracia: darla de nuevo en actos de amor y servicio. La gracia está hecha para ser compartida, y al compartir lo que hemos recibido, nos convertimos en vasos de gracia, llevando a Cristo a aquellos que encontramos en nuestro camino y que necesitan curación y fortaleza.

~ P. Jay



WHAT IS LENT?

Lent, the solemn 40-day period before Easter, holds profound significance in the Catholic Church and other Christian traditions. Starting on Ash Wednesday and concluding on Holy Thursday, it is a season of penitence and preparation.

Throughout Lent, Catholics engage in the spiritual disciplines of prayer, fasting, and almsgiving. These practices serve to deepen our connection with God, our awareness of Jesus' sacrificial love, and to prepare our hearts and minds for the Paschal Mystery – the journey of Jesus' Passion, death, and Resurrection. Lent is an invitation to reflect, repent, and renew one's commitment to living a life of faith, ultimately leading to the joyful celebration of Easter.

DO YOU WANT TO FAST THIS LENT?

In the words of Pope Francis

Fast from hurting words and say kind words.

Fast from sadness and be filled with gratitude.

Fast from anger and be filled with patience.

Fast from pessimism and be filled with hope.

Fast from worries and have trust in God.

Fast from complaints; contemplate simplicity.

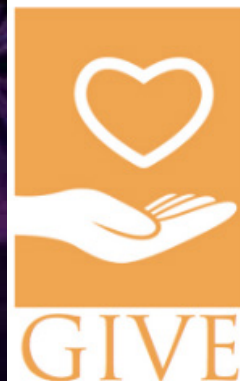
Fast from pressures and be prayerful.

Fast from bitterness; fill your hearts with joy.

Fast from selfishness and be compassionate.

Fast from grudges and be reconciled.

Fast from words; be silent and listen.



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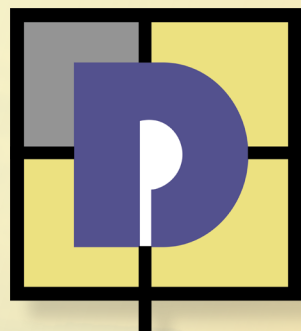
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